



TALKTOPIC:

1. What is addiction.
2. How can have addiction.
3. How to recognise addiction.
4. Gaming and Social media.
5. What does addiction do to those around the addict.
6. What to do to the addict who does or does not want to stop.
7. Where to get help.
8. How to help the recovering addict.
9. Where to get help and support for the family and friend of the addict.

THE TIGER IN THE ROOM.

PARENTS. FAMILY AND FRIENDS OF THE ADDICT.

A TALK DESIGNED TO EXPLAIN ADDICTION AND WHAT TO DO.

When you are faced with addiction in someone close to you.

This talk is given in the context of living with an addict, using or recovering, as a family member or friend, and how it is affecting your day to day life directly.

The talk explains addiction from a recovering addicts perspective, the how, what, where and when. By understand how such a disease can affect, not only the addict, but the who family infrastructure and friends with in the family network, and also to see that it is no one fault this has happened, however it is up to the addict to make a choice to stop which can only be their choice not the families.

Above all the talk will give a direction and hope for moving forward with life with and after a addicts recovery or not.

